



The future of food

Our product range



FROZEN

Autumn/Winter 2017

GET PLANT-BASED GOODNESS TODAY

We've been nuts about plant-based food since our birth in '87. With a larder full of some of the most vibrant, exciting and tastiest ingredients around, and the expertise of three decades behind us, we're here to help you create healthy, innovative and exciting menus that wow your customers.

So if you want to ask us about menu development, ingredient sourcing or anything else give us a call, or email on sales@vegexp.co.uk.

Remember, this list is just our frozen selection, get in touch to see our complete larder.



STARTERS & SNACKS

Caribbean Vegetable Patties - Large	20 x 150g ○
Gosh Beetroot Falafel	2 x 700g ○
Gosh Moroccan Spiced Falafel	2 x 700g ○
Gosh Mushroom Lentil & Butter Bean Burger	12 x 125g ○
Gosh Sweet Potato Pepper & Chilli Bites	2 x 700g ○

Onion Bhajis - Large v	20 x 110g ○
Pakora - Jumbo Vegetable v	25 x 70g ○
Potato Rosti v	28 x 150g ○
Samosas - Large Vegetable v	25 x 65g ○
Spring Roll - Large Vegetable	20 x 70g ○
Spring Roll - Large Vegetable	30 x 90g ○

BUFFET

ASIAN & INDIAN BUFFET

Hirata Buns	60pk ○
Onion Bhajis - Cocktail (Uncooked)	50 x 50g ○
Onion Bhajis - Cocktail v	50 x 30g ○
Pizza - Mini Naan With Paneer Tikka	45 x 20g ○
Samosas - Cocktail Vegetable v	50 x 20g ○
Spring Roll - Mini Vegetable v	50 x 20g ○
Spring Roll - Thai Mini Vegetable v	50 x 20g ○
Thai Vegetable Dim Sum Selection v	100 x 20g ○
Vegetable Pakora - Cocktail	50 x 30g ○
Wonton - Cranberry & Brie v	50 x 18g ○
Wonton - Mango & Tomato Salsa v	50 x 18g ○
Wonton - Stilton & Mushroom	50 x 18g ○

TEX MEX BUFFET

Guacamole v	500g ○ 2kg ○
Cream Cheese Poppers Jalapenos	1kg ○

COCKTAIL & FINGER BUFFET

Brie & Broccoli Puffs	50 x 18g ○
Caribbean Vegetable Patties - Cocktail	100 x 30g ○
Cherry & Brie Parcels	25 x 30g ○
Falafel - Quinoa v	100 x 20g ○
Falafel - Spinach & Kale v g	70 x 30g ○
Falafel - Sweet Potato v	100 x 20g ○
Falafel v	50 x 25g ○
Falafel Mix	1kg ○
Feta Cheese & Black Bean Parcels	25 x 30g ○
Goats' Cheese & Broccoli Parcels	25 x 30g ○
Linda McCartney's Vegetarian Sausage Rolls v	50 x 57g ○
Mango & Brie Pastry Parcels	25 x 30g ○
Moroccan Tricon	50 x 30g ○

Call us on
01923 249 714

Order online
vegexp.co.uk

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MEALS

MAIN MEALS

Moussaka with Red Wine Sauce	4 x 1.7kg ○
Mushroom & Cashew Wellington v	15 x 200g ○
Nut Roast Slice	24 x 140g ○
Vegetarian Burritos	1 x 24 ○

FILLED PASTA

Porcini Ravioli	3kg ○
Spinach & Ricotta Ravioli	3kg ○
Ricotta & Spinach Tortelloni	500g ○

BURGERS

Falafel Burgers	30 x 120g ○
Gosh Beetroot Burger	12 x 125g ○
Gosh Moroccan Spiced Burger	12 x 125g ○
Spicy Bean Burgers	24 x 100g ○
Veggie Burgers	48 x 112g ○





SAUSAGES

Sausages - Carrot & Coriander v g	60 x 50g ○
Sausages - Meat Free Lincolnshire v	80 x 37g ○
Sausages - Mushroom & Tarragon v	63 x 50g ○
Sausages - Spinach Leek & Cheese	63 x 50g ○
Sausages - Tomato & Garlic v	63 x 50g ○
Linda McCartney's Sausages - Red Onion & Rosemary v	40 x 50g ○
Linda McCartney's Sausages - Vegetarian v	40 x 50g ○



COOKING ESSENTIALS























FROZEN HERBS Individually Quickly Frozen

Daregal Basil 	250g 
Daregal Chives 	250g 
Daregal Coriander 	250g 
Daregal Mint 	250g 
Daregal Parsley 	250g 
Daregal Tarragon 	250g 
Daregal Thyme 	250g 










FROZEN INGREDIENTS

Avocado - Diced 	500g 
Avocado - Sliced 	500g 
Chicken Style Burgers	40 x 80g 
Chicken Style Nuggets	10 x 380g 
Chicken Style Pops	20 x 200g 
Chicken Style Strips	10 x 380g 
Daregal Spanish Garlic Tablets 6-7g	250g 
Gyoza Quinoa	12 x 20g 
Linda McCartney's Vegemince 	1kg 
Pancakes - For Crispy Duck	100pk 
Pastry - Wonton	40pk 
Risotto Base	1kg 
Savoury Blinis	12 x 45 
Seitan  	250g 
Tempeh 	250g 
Vegetable Dumplings	25 x 20g 
Wrappers - Spring Roll 	1 x 30 
Wraps - Gyoza	60pk 













PRE COOKED PULSES

Adzuki Beans 	2.5kg 
Black Turtle Beans 	2.5kg 
Blackeye Beans 	2.5kg 
Broad Beans 	500g 
Butter Beans 	2.5kg 
Cannellini Beans 	2.5kg 
Chick Peas 	2.5kg 
Edamame in Pods Beans 	454g 
Pinto Beans 	2.5kg 
Red Kidney Beans 	2.5kg 
Shelled Edamame Beans 	500g 

WRAPS & BREADS

Bread - Khobez 30cm 	75pk 
Bread - Naan Large	24 x 100g 
Bread - Naan Mini	30 x 50g 
Bread - Roti Paratha 6in	6 x 75g 
Wraps - Black Pepper 30cm 	1 x 72 
Wraps - Multigrain 30cm 	1 x 72 
Wraps - Plain Flour 25cm 	1 x 144 
Wraps - Plain Flour 30cm 	1 x 72 
Wraps - Soft Corn 10cm  	9 x 24 
Wraps - Spinach 30cm 	1 x 72 
Wraps - Tomato 30cm 	1 x 72 
Wraps - Wholewheat Bran 30cm 	1 x 72 

GLUTEN FREE

Brown Bread - Rolls 	48 x 75g 
Brown Bread - Sliced 	12 x 400g 
Multigrain Wraps 23cm 	72pk 
Plain Bagels 	40pk 
White Rolls 	48 x 75g 
White Bread - Sliced 	12 x 400g 

KEY

 VEGAN  ORGANIC  GLUTEN FREE

DELIVERING

INGREDIENTS

IDEAS &

INSPIRATION

SINCE 1987



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